



BARLEYmax™

Nutrition Information

Energy	KJ/100 g	1,392
	Cal/100 g	332
Protein	g/100 g	17.0
Fat total	g/100 g	7.9
– Saturated	g/100 g	0.2
– Mono unsaturated	g/100 g	3.2
– Poly unsaturated total	g/100 g	4.5
Carbohydrates total	g/100 g	32.6
– Sugars	g/100 g	4.5
Dietary fibre total	g/100 g	27.0
– Resistant starch	g/100 g	2.5
β-Glucans	g/100 g	6.3
Sodium	mg/100 g	4.1